

## A Community of Learners Growing Together



Newsletter- Week 4, Term 1, 2024





Week 6 - Swimming lessons



Week 7 - Adelaide Cup public Holiday

Week 9 - School Photos



# Principal's Message



#### Principal's Report

We have had another busy fortnight at NPS. Here are some positives from around the site:

- We have a bustling preschool 14 children engaged in their early learning and already achieving goals.
- Excellent carrying out of emergency drill with a snake in the yard and also a bushfire practice.
- Election of a new Governing Council thank you for your commitment to our school/preschool
- Thank you to Amanda and Ebony for volunteering to pick up school lunches this has enabled the service to continue.

#### **Attendance**

Thank you for commitment to explain any absences, this is working effectively with Audiri, SMS, email and in person.

Your child being at school every day they are well is vital to their learning and social friendships. Please be mindful of 'extra' days off and early pickups/late drop offs as they all add up and interfere with the learning.

#### SIP/PQIP

As previously mentioned, our site is working on reading and resilience. Staff attended a Professional Development session at Gladstone Primary School last Tuesday. This was run by the DfE Self-Regulation Team and was very insightful. We are working on helping children self-regulate. We know that regulated, resilient children are ready to learn.

Feel free to come and chat with me!

Robyn Staker





The R/1's have had a great start to the 2024 school year! Our new receptions have settled into school life beautifully and have really embraced their learning. Our year 1's have stepped up to be the role models of the classroom and have shown amazing responsibility and kindness to their newest classmates.



















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### Science in the 4/5 Class

Nicky Welch



Hi my name is Nicky Welch and I am excited to be going the Napperby school community this year!

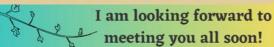
I am a mum of 4 and Nanny to two beautiful girls. I have had many years teaching experience in the Mid North Region from preschool, family learning and Primary Schools. I am particularly and passionate about inclusive education and making a difference for learners that may be having challenges.

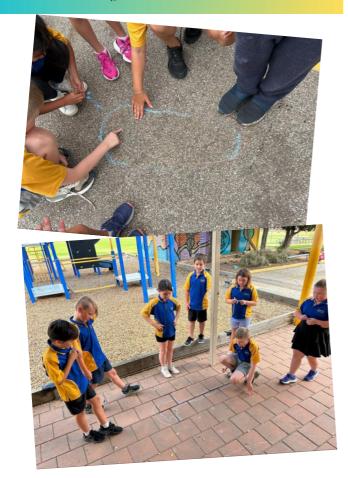
My role at Napperby Primary is over 2.5 days per week; Tuesdays, Thursdays and Friday morning.

I have the role of the Autism Support Teacher across the school, as well as teaching the year 2/3 and 4/5 classes for half a day each. In the year 2/3 class I am teaching Health and PE and in the 4/5 class, Science and Health.

If your child is having challenges with learning I am very happy to meet with families and the class teacher to assist with anything to make learning more successful. I will be involved in some One Plan meetings.

The Napperby school community is very welcoming and Afriendly and I am very pleased to be a part of it.





We have had lots of fun learning about Evaporation.







## $\sqrt{\phantom{a}}$ Let's talk about Self-Regulation $\sqrt{\phantom{a}}$

What is self-regulation?

Self-regulation is the ability to understand and manage your behaviour and your reactions to feelings and things happening around you.

It includes being able to:

- regulate reactions to strong emotions like frustration, excitement, anger and embarrassment
- calm down after something exciting or upsetting
- focus on a task
- refocus attention on a new task
- control impulses
- behave in ways that help you get along with other people.

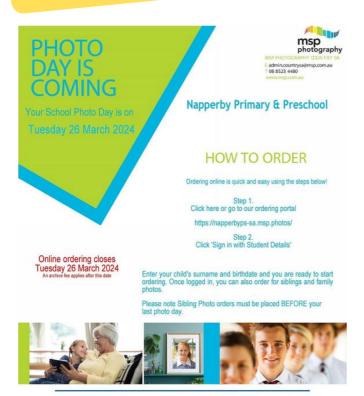
Why self-regulation is important

As your child grows, self-regulation helps them:

- learn at school because self-regulation gives your child the ability to sit and listen in the classroom
- behave in socially acceptable ways because self-regulation gives your child the ability to control impulses
- make friends because self-regulation gives your child the ability to take turns in games and conversation, share toys, and express emotions in appropriate ways
- become more independent because self-regulation gives your child the ability to make appropriate decisions about behaviour and learn how to behave in new situations with less guidance from you.

(raisingchildren.net.au)





#### PHOTO DAY TUESDAY 26TH MARCH

For all enquiries regarding photos please contact MSP Photography ph. 08 8523 4480



